

ORGANIZERS:



INSTITUTE OF INTERNAL
MEDICINE & HEPATOLOGY



DEPARTMENT OF MEDICINE & RESEARCH
LABORATORY OF INTERNAL MEDICINE,
UNIVERSITY HOSPITAL OF LARISSA,
LARISSA, GREECE

Under the auspices of:



UNIVERSITY OF THESSALY
MEDICAL SCHOOL,
LARISSA, GREECE



HELLENIC SOCIETY
OF INTERNAL MEDICINE



Royal Olympic Hotel, Athens

19-21

Greece

March 2020

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PRELIMINARY SCIENTIFIC PROGRAMME

Thursday, March 19, 2020

09:00 – 10:30

ORAL PRESENTATIONS

Chairpersons: **TBA**

10:30 – 11:00

STATE -OF THE ART- LECTURE

Chairperson: **Stella Douma** (*Thessaloniki, Greece*)

Metabolically healthy obesity: Fact or myth?

Peter Nilsson (*Malmö, Sweden*)

11:00 – 11:30

E-POSTER VIEWING/Coffee Break

11:30 – 13:00

ROUND TABLE

Current evidence in obesity treatment

Chairpersons: **Peter Nilsson** (*Malmö, Sweden*)
Vasilios Kotsis (*Thessaloniki, Greece*)

Obesity as a disease: beyond BMI

Luca Busetto (*Padova, Italy*)

Practice guidelines to treat obesity induced hypertension, diabetes and dyslipidemia from the ESH WG on obesity, diabetes and the high risk patient and EASO

Vasilios Kotsis (*Thessaloniki, Greece*)

The effects of Metabolic Surgery on health. What is the evidence?

Dror Dicker (*Petach-Tikva, Israel*)

13:00 – 14:00

Debate: Blood pressure targets

Chairpersons: **George S. Stergiou** (*Athens, Greece*)
Konstantinos Tsioufis (*Athens, Greece*)

TBA

14:00 – 16:00

E-POSTER VIEWING /Leisure time

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16:00 – 17:30

ROUND TABLE

Ageing and renal function

Chairpersons: **Michel Burnier** (*Lausanne, Switzerland*)
Demetrios Vlahakos (*Athens, Greece*)

Epidemiology of aging and chronic kidney disease: Is aging a renal disease?

Carmine Zoccali (*Regio Calabria, Italy*)

Relationship between aging and hypertension: Which came first the chicken or the egg?

Pierre Boutouyrie (*Paris, France*)

Cardiorenal anemia syndrome in aging
Demetrios Vlahakos (*Athens, Greece*)

Guidelines for cardiovascular diseases in elderly people
Michael Burnier (*Lausanne, Switzerland*)

17:30 – 18:00

SATELLITE LECTURE

18:00 – 19:30

ROUND TABLE

An update in the management of dyslipidemia

Chairpersons: **Moses Elisaf** (*Ioannina, Greece*)
Haralampos Milionis (*Ioannina, Greece*)

Treating blood lipids according to the current European guidelines
Alberico L. Catapano (*Milan, Italy*)

Statin-associated side-effects: Myths and facts
Peter Lansberg (*Amsterdam, The Netherlands*)

Treatment goals: Past, present and future
Kausik K. Ray (*London, UK*)

19:30 – 19:45

Break

19:45 – 21:00

OPENING CEREMONY

Welcome

Inaugural Lecture

Challenges in the broad spectrum of Internal Medicine:
The paradigm of Gastroenterology and Hepatology challenges
Michael P. Manns (*Hannover, Germany*)

21:00

WELCOME RECEPTION

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Friday, March 20, 2020

08:30 – 10:00

ORAL PRESENTATIONS

Chairpersons: **TBA**

10:00 – 11:30

Teaching course: Acute ischemic stroke

Chairpersons: **George Ntaios** (*Larissa, Greece*)
Jesse Dawson (*Glasgow, UK*)

Ischemic stroke in disabled or demented patients
Janika Korv (*Tartu, Estonia*)

Repeated intravenous thrombolysis after recent stroke
Timo Kahles (*Aarau, Switzerland*)

Blood pressure management during intravenous thrombolysis
Alexandra Pavlovic (*Belgrade, Serbia*)

Oral anticoagulation after ischemic stroke: How early?
Patrik Michel (*Lausanne, Switzerland*)

11:30 – 12:00

E-POSTER VIEWING/Coffee Break

12:00 – 13:30

ROUND TABLE

Heart and stroke

Chairpersons: **Patrik Michel** (*Lausanne, Switzerland*)
Konstantinos P. Makaritsis (*Larissa, Greece*)

Atrial cardiopathy and stroke risk
Tatjana Potpara (*Belgrade, Serbia*)

Detection of atrial fibrillation among patients with stroke due to large or small vessel disease
Robin Lemmens (*Leuven, Belgium*)

Detection of atrial fibrillation after transient ischemic attack
Eleni Korompoki (*Athens, Greece*)

Non-adherence to secondary preventive medication after stroke
Jesse Dawson (*Glasgow, UK*)

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PARALLEL SESSION

12:00 – 13:30

ROUND TABLE

Updates in hepatitis B, D and E

Chairpersons: **Michael P. Manns** (*Hannover, Germany*)
George V. Papatheodoridis (*Athens, Greece*)

When can we stop NUCs in chronic hepatitis B?

George V. Papatheodoridis (*Athens, Greece*)

What is the future of the hepatitis B cure?

Alessio Aghemo (*Milan, Italy*)

Future management of hepatitis D

Ramazan Idilman (*Ankara, Turkey*)

Hepatitis E revisited

Heiner Wedemeyer (*Essen, Germany*)

13:30 – 14:30

SATELLITE LECTURE

14:30 – 15:30

E-POSTER VIEWING/Leisure time

15:30 – 16:30

SYMPOSIUM

NAFLD / NASH

Chairpersons: **Francesco Negro** (*Geneva, Switzerland*)
Eirini Rigopoulou (*Larissa, Greece*)

Who is at risk and whom to biopsy?

Francesco Negro (*Geneva, Switzerland*)

Fatty liver disease in lean persons

Elisabetta Bugianesi (*Torino, Italy*)

Lifestyle and drugs: What is the crucial element in management?

Michael Trauner (*Vienna, Austria*)

16:30 – 17:00

STATE -OF THE ART- LECTURE

Chairperson: **George N. Dalekos** (*Larissa, Greece*)

Pregnancy and autoimmune liver diseases

Michael A. Heneghan (*London, UK*)

17:00 – 17.45

SATELLITE SYMPOSIUM

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17:45 – 18:15

E-POSTER VIEWING /Coffee Break

18:15 – 19:45

ROUND TABLE

Infections in the immunocompromised host

Chairpersons:

George Daikos (*Athens, Greece*)

Evangelos Giamarellos-Bourboulis (*Athens, Greece*)

Modulation of the microbiome in immunocompromised patients

Joost Wiersinga (*Amsterdam, The Netherlands*)

Empirical antimicrobial treatment

Matteo Bassetti (*Udine, Italy*)

New biological agents and infections

Evangelos Giamarellos-Bourboulis (*Athens, Greece*)

19:45 – 20:15

STATE -OF THE ART- LECTURE

Chairperson:

George Dimopoulos (*Athens, Greece*)

Redefining colistin: How can we use it in the era of new antibiotics?

Murat Akova (*Ankara, Turkey*)

20:15 – 21:00

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Saturday, March 21, 2020

08:30 – 09:30

ORAL PRESENTATIONS

Chairpersons: **TBA**

09:30 – 11:00

Teaching course: Challenging cases in Internal Medicine

Chairpersons: **Luis Campos** (*Lisbon, Portugal*)

TBA

11:00 – 11:30

STATE -OF THE ART- LECTURE

Chairperson: **Dina Tiniakos** (*Athens, Greece*)

Hepatic fibrosis in the context of alcoholic liver disease

Carolyn Lackner (*Graz, Austria*)

11:30 – 12:00

E-POSTER VIEWING / Coffee Break

12:00 – 13:30

ROUND TABLE

Extra-intestinal manifestations in inflammatory bowel disease

Chairpersons: **Tom H. Karlsen** (*Oslo, Norway*)

Ioannis Koutroubakis (*Heraklion Crete, Greece*)

Arthropathy and arthritis

Ioannis Koutroubakis (*Heraklion Crete, Greece*)

Eye and skin involvement

Stephan R. Vavricka (*Zurich, Switzerland*)

Metabolic bone disease

Pierre Ellul (*Msida, Malta*)

Hepatobiliary disease

Tom H. Karlsen (*Oslo, Norway*)

PARALLEL SESSION

12:00 – 13:30

ROUND TABLE

Clinical aspects in SLE, Sjögren's syndrome and APS

Chairpersons: **Panagiotis Vlachoyiannopoulos** (*Athens, Greece*)

Yves Renaudineau (*Brest, France*)

Challenges in systemic lupus diagnosis

Athanasios Tzioufas (*Athens, Greece*)

Epigenetics in Sjögren's syndrome: Implications in clinical practice

Yves Renaudineau (*Brest, France*)

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Updates on diagnosis and management of catastrophic APS

Ricard Cervera (*Barcelona, Spain*)

13:30 – 14:00

STATE -OF THE ART- LECTURE

Chairperson: **Konstantinos Triantafyllou** (*Athens, Greece*)

Updates in celiac disease

Joost P.H. Drenth (*Nijmegen, The Netherlands*)

14:00 – 14:30

SATELLITE LECTURE

14:30 – 16:00

E-POSTER VIEWING / Leisure time

16:00 – 17:30

ROUND TABLE

Practical issues in the management of the diabetic patient

Chairpersons: **Nikolaos Katsilambros** (*Athens, Greece*)

Erifili Hatziagelaki (*Athens, Greece*)

Diabetic diet - What is sure and what is questionable?

Gabriele Riccardi (*Naples, Italy*)

Insulin treatment: Cutting-edge data on newer insulin formulations and delivery technology

Roger Lehmann (*Zurich, Switzerland*)

SGLT-2 inhibitors: Their role beyond glucose regulation

Michael Roden (*Dusseldorf, Germany*)

Diabetic foot - Modern aspects concerning treatment

Andrew JM Boulton (*Manchester, UK*)

17:30 – 18:00

STATE -OF THE ART- LECTURE

Chairperson: **Michael Voulgarelis** (*Athens, Greece*)

Updates in multiple myeloma

Meletios-Athanasios Dimopoulos (*Athens, Greece*)

18:00 – 19:15

SYMPOSIUM

Managing complications in decompensated cirrhosis

Chairpersons: **Paolo Angeli** (*Padova, Italy*)

John Koskinas (*Athens, Greece*)

Multidrug-resistant bacterial infections in patients with cirrhosis

Paolo Angeli (*Padova, Italy*)

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Assessment of kidney function in cirrhosis

Elsa Sola (*Barcelona, Spain*)

Key points in EASL guidelines on HCC diagnosis and management

Efe Cumali (*Diyarbakir, Turkey*)

19:15 – 19:30

E-POSTER VIEWING

19:30 – 21:00

SATELLITE SYMPOSIUM

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