

10th International Congress **OF INTERNAL MEDICINE**

March
22-24
2018

Royal Olympic Hotel

Athens
Greece

www.internalmedicine-uth.gr

Organizers:



INSTITUTE OF INTERNAL MEDICINE & HEPATOLOGY



**DEPARTMENT OF MEDICINE & RESEARCH LABORATORY
OF INTERNAL MEDICINE, UNIVERSITY OF THESSALY
MEDICAL SCHOOL, LARISSA, GREECE**
Director: Professor G.N. Dalekos

Endorsed by:



**FOUNDATION FOR THE DEVELOPMENT
OF INTERNAL MEDICINE IN EUROPE**

Participating scientific authorities:



**EUROPEAN SOCIETY
FOR SWALLOWING DISORDERS**



**HELLENIC ASSOCIATION
FOR THE STUDY OF DIABETIC FOOT**



**HELLENIC ASSOCIATION
FOR THE STUDY OF THE LIVER**



**HELLENIC DIABETES ASSOCIATION
HELLENIC SEPSIS STUDY GROUP**



HELLENIC SOCIETY OF INTERNAL MEDICINE



HELLENIC STROKE ORGANIZATION

Under the auspices of the:



**UNIVERSITY OF THESSALY MEDICAL SCHOOL,
LARISSA, GREECE**

*The Congress has been accredited with
24 Continuing Medical Education (CME) credits
by the Panhellenic Medical Association

PROGRAMME AT A GLANCE



E.C. Sandset
M. Schina
C. Schramm
D. Sereni
P.P. Sfikakis
P. Skendros
M. Speletas
K. Spengos
A. Stefanos
N. Tentolouris
M. Trauner

C. Triantos
E.V. Tsianos
E.A. Tsochatzis
M. Tumbarello
S. Unal
P. Vardas
D. Vassilopoulos
M. Vavouranakis
K. Vemmos
D. Vergani
C.-D. Vizza

P.G. Vlachoyian-
nopoulos
M. Voulgarelis
H. Wedemeyer
F. Weidanz
D. Werring
C. Yurdaydin
K. Zachou
A. Zanchetti

Endorsed by:



**FOUNDATION FOR THE DEVELOPMENT
OF INTERNAL MEDICINE IN EUROPE**

Participating scientific authorities:



**EUROPEAN SOCIETY FOR SWALLOWING
DISORDERS**



**HELLENIC ASSOCIATION FOR THE STUDY
OF DIABETIC FOOT**



**HELLENIC ASSOCIATION FOR THE STUDY
OF THE LIVER**



HELLENIC DIABETES ASSOCIATION

HELLENIC SEPSIS STUDY GROUP



**HELLENIC SOCIETY OF INTERNAL
MEDICINE**

HELLENIC STROKE ORGANIZATION

Under the auspices of:



**UNIVERSITY OF THESSALY MEDICAL
SCHOOL, LARISSA, GREECE**

Olympia Hall

09:00-10:30 ORAL PRESENTATIONS
Cardiovascular Diseases
OP01-OP09

Chairpersons:
Konstantinos P. Makaritsis
(Larissa, Greece)
Vasileios Papavasileiou
(Leeds, UK)

Olympia Hall

10:30-11:00 STATE-OF-THE-ART LECTURE

Chairperson:
Nikolaos L. Katsilambros
(Athens, Greece)

Future innovations in
 cardiovascular medicine
Panos Vardas
(Heraklion, Greece)

11:00-11:30 e-Poster viewing/Coffee break

Olympia Hall

11:30-13:00 ROUND TABLE
Interventional procedures in
cardiovascular diseases

Chairpersons:
Nikolaos L. Katsilambros
(Athens, Greece)
Athanasios Giannoukas
(Larissa, Greece)

Non-pharmacological
 intervention in atrial fibrillation
Georgios Andrikopoulos
(Athens, Greece)

Management of asymptomatic carotid stenosis

Richard Bulbulia (*Oxford, UK*)

Transcatheter aortic valve replacement

Manolis Vavouranakis (*Athens, Greece*)

Olympia Hall

13:00-14:00 SYMPOSIUM
 β -blockers as first-line treatment in arterial hypertension

Chairperson:

Alberto Zanchetti
 (*Milan, Italy*)

Pros

Alberto Zanchetti (*Milan, Italy*)

Cons

Michel Burnier
 (*Lausanne, Switzerland*)

Olympia Hall

14:00-15:30 ORAL PRESENTATIONS
Gastroenterology /Hepatology (A)

OP10-OP18

Chairpersons:

Melanie Deutsch
 (*Athens, Greece*)
Christos Triantos
 (*Patras, Greece*)

15:30-16:00 e-Poster viewing/Leisure time

Olympia Hall

16:00-17:30

ROUND TABLE

Diabetic foot: Advances in everyday clinical practice

*Hellenic Society of Internal Medicine
Hellenic Diabetes Association
Hellenic Association for the Study of the Diabetic Foot*

Chairpersons:

George D. Dimitriadis

(Athens, Greece)

Nikolaos Tentolouris

(Athens, Greece)

Overview of the diabetic foot-successes and unmet needs

Andrew Boulton

(Manchester, UK)

Charcot neuro-osteo-arthropathy-update in diagnosis and management

Edward Jude *(Lancashire, UK)*

Diagnosis and management of diabetic foot infections

Mina Psychogiou

(Athens, Greece)

Olympia Hall

17:30-18:00

SATELLITE LECTURE

abbvie

Olympia Hall

18:00-19:30 **ROUND TABLE**
Intracranial haemorrhage and cerebral microbleeds
Hellenic Stroke Organization

Chairpersons:

David Werring (*London, UK*)

George Ntaios (*Larissa, Greece*)

Early blood pressure lowering in acute intracerebral haemorrhage: How low?

Else Sandset Charlotte
(Oslo, Norway)

Acute management in antithrombotic-related intracerebral haemorrhage

Stefan Engelter
(Basel, Switzerland)

Restart or Stop antithrombotics after intracerebral haemorrhage?

Rustam Al-Shahi Salman
(Edinburgh, UK)

Cerebral microbleeds: Current knowledge and implications for clinical practice

David Werring (*London, UK*)

19:30-19:45 **Break**

Olympia Hall

19:45-21:00 **OPENING CEREMONY**

Welcome

Foyer of Olympia Hall

21:00 **WELCOME RECEPTION**

PARALLEL SESSION

Olympia Hall

08.30-10.00 ORAL PRESENTATIONS
Gastroenterology
/Hepatology (B)

OP19-OP27

Chairpersons:

Stylios Karatapanis

(Rhodes, Greece)

Maria Schina *(Athens, Greece)*

Attica Hall

08.30-10.00 ORAL PRESENTATIONS
Internal Medicine
/Miscellaneous

OP28-OP36

Chairpersons:

Alexandra Alexopoulou

(Athens, Greece)

Alberto M. Marra

(Naples, Italy)

Olympia Hall

10:00-11:30 ROUND TABLE
Hypertriglyceridemia:
A true risk factor or
innocent bystander?

Chairperson:

Genovefa Kolovou

(Athens, Greece)

Hypertriglyceridaemia,
 atherosclerosis cardiovascular
 disease and pharmacological
 management

Pablo Perez-Martinez

(Cordoba, Spain)

PARALLEL SESSION

Novel aspects of diet
modulating postprandial
lipaemia in cardiometabolic
diseases

Jose Lopez-Miranda

(Cordoba, Spain)

Consensus and guidelines
concerning fasting/non-
fasting triglycerides

Dimitri Mikhailidis

(London, UK)

Attica Hall

10:00-11:30

ROUND TABLE

**Dysphagia disorders in
clinical practice**

*European Society
for Swallowing Disorders*

Chairpersons:

Pere Clave *(Mataró, Spain)*

Emilia Michou

(Manchester, UK)

Dysphagia: Incidence and
characteristics

Emilia Michou

(Manchester, UK)

Aging and dysphagia
(presbyphagia)

Pere Clave *(Mataró, Spain)*

Dysphagia in stroke &
neurostimulation

Shaheen Hamdy

(Manchester, UK)

11:30-12:00 e-Poster viewing/Coffee Break

Friday, March 23, 2018

PARALLEL SESSION

Olympia Hall

12:00-13:30 ROUND TABLE
Sepsis in 2018
Hellenic Sepsis Study Group

Chairpersons:
Charalambos Gogos
(Patras, Greece)
Evangelos J. Giamarellos-Bourboulis
(Athens, Greece)

Does immunosuppression in sepsis really exist?

Jean-Marc Cavailon
(Paris, France)

Macrophage activation and sepsis

Mihai Netea
(Nijmegen, The Netherlands)

Current guidelines for sepsis management

Evangelos J. Giamarellos-Bourboulis *(Athens, Greece)*

Attica Hall

12:00-13:30 ROUND TABLE
Medication adherence

Chairpersons:
Periklis Giovas
(Zug, Switzerland)
Elisio Costa *(Porto, Portugal)*

Medication adherence: The magnitude of the problem

Elisio Costa *(Porto, Portugal)*

Interventions to improve medication adherence

Przemyslaw Kardas

(Lodz, Poland)

Educational tools to improve medication adherence

Periklis Giovas

(Zug, Switzerland)

Olympia Hall

13:30-14:30 SATELLITE LECTURES



14:30-15:30 e-Poster viewing/Leisure time

Olympia Hall

**15:30-16:30 SYMPOSIUM
Combination treatment in the era of MDR bacteria infections**

Chairpersons:

Francesco Menichetti *(Pisa, Italy)*

George L. Daikos *(Athens, Greece)*

Due to Gram negative bacteria

Mario Tumbarello *(Rome, Italy)*

Due to MRSA

Francesco Menichetti *(Pisa, Italy)*

Olympia Hall

16:30-17:00 STATE-OF-THE-ART LECTURE

Chairperson:

Eirini I. Rigopoulou

(Larissa, Greece)

IgG4 related disease: An underrecognized entity

Michael Trauner *(Vienna, Austria)*

Olympia Hall

17:00-18:00 SATELLITE SYMPOSIUM



18:00-18:15 e-Poster viewing/Coffee Break

Olympia Hall

18:15-19:45 **ROUND TABLE**
Internal Medicine in the core
of medical specialties

Chairperson:

Luis Campos (Lisbon, Portugal)

European education centre for
Internal Medicine

Rijk Gans

(Groningen, The Netherlands)

Young internists subcommittee
actions

Frauke Weidanz (Edinburgh, UK)

Gender differences in medicine

Alberto M. Marra

(Heidelberg, Germany)

Olympia Hall

19:45-20:15 **STATE-OF-THE-ART LECTURE**

Chairperson:

George N. Dalekos

(Larissa, Greece)

Quality of care and professional
issues

Luis Campos (Lisbon, Portugal)

PARALLEL SESSION

Olympia Hall

08.30-09.30 ORAL PRESENTATIONS
Diabetes Mellitus
OP37-OP42

Chairpersons:
Eleni Boutati (Athens, Greece)
Erifili Hatziagelaki
 (Athens, Greece)

Attica Hall

08.30-09.30 ORAL PRESENTATIONS
Infections / Immunology
OP43-OP48

Chairpersons:
Panagiotis Skendros
 (Alexandroupolis, Greece)
Garyfallia Poulakou
 (Athens, Greece)

PARALLEL SESSION

Olympia Hall

09:30-11:00 ROUND TABLE
Perspectives in viral hepatitis treatment
Hellenic Association for the Study of the Liver

Chairperson:
George V. Papatheodoridis
 (Athens, Greece)

Present and future treatment of chronic hepatitis B
Pietro Lampertico
 (Milan, Italy)

Optimal management of special groups of chronic HBV infection

Spilios Manolakopoulos
(Athens, Greece)

Optimal current treatment of hepatitis C

Christophe Hézode
(Paris, France)

Attica Hall

09:30-11:00

ROUND TABLE

Lymphomas and myelodysplastic syndromes in autoimmune diseases

Chairperson:

Michael Voulgarelis
(Athens, Greece)

Autoimmune disorders: Risk factors for lymphomagenesis

Michael Voulgarelis
(Athens, Greece)

Virus-driven autoimmunity and lymphoproliferation:

The example of HCV infection

Salvatore De Vita
(Udine, Italy)

Myelodysplastic syndrome and autoimmune disorders: Cause or consequence?

Stavroula Giannouli
(Athens, Greece)

Olympia Hall

11:00-11:30 STATE-OF-THE-ART LECTURE

Chairperson:

Matthaios Speletas

(Larissa, Greece)

Update on primary immunodeficiencies

Vassilios Lougaris *(Brescia, Italy)*

11:30-12:00 e-Poster viewing/Coffee break

Olympia Hall

**12:00-13:30 ROUND TABLE
Unmet clinical needs in autoimmune liver diseases**

Chairpersons:

George N. Dalekos

(Larissa, Greece)

Pietro Invernizzi *(Milan, Italy)*

Autoimmune hepatitis

Marco Lenzi *(Bologna, Italy)*

Primary biliary cholangitis

Pietro Invernizzi *(Milan, Italy)*

Primary sclerosing cholangitis

Christoph Schramm

(Hamburg, Germany)

Pediatric autoimmune liver disease

Giorgina Mieli-Vergani

(London, UK)

Olympia Hall

13:30-14:00 STATE-OF-THE-ART LECTURE

Chairperson:

Stylianos E. Orfanos

(Athens, Greece)

Pulmonary hypertension: New aspects

Carmine Dario Vizza

(Rome, Italy)

Olympia Hall

14:00-14:30 SATELLITE LECTURE



14:30-16:00 e-Poster viewing/Leisure time

Olympia Hall

**16:00-17:30 ROUND TABLE
Biologic agents in Internal
Medicine**

Chairperson:

Petros P. Sfikakis

(Athens, Greece)

General principles and pathophysiological background for their implementation

Petros P. Sfikakis

(Athens, Greece)

Biologics in psoriasis

Peter van de Kerkhof

(Nijmegen, The Netherlands)

Biologics in IBD

Peter Laszlo Lakatos

(Montreal, Canada)

PARALLEL SESSION

Biologics in rheumatic diseases

Dimitrios Vassilopoulos
(Athens, Greece)

Attica Hall

16:00-17:30 **ROUND TABLE**
New perspectives in oncology

Chairpersons:

Athanasios Kotsakis
(Heraklion, Greece)

Vasileios Georgoulas
(Athens, Greece)

Hereditary cancer: The role of genetic testing

Emmanouel Saloustros
(Heraklion, Greece)

Biomarkers as a tool for personalized treatment:
The paradigm of non-small cell lung cancer (NSCLC)

Niki Karachaliou
(Barcelona, Spain)

Managing toxicities associated with immunotherapy for solid tumors

Yannis Metaxas
(Chur, Switzerland)

Olympia Hall

17:30-18:00 STATE-OF-THE-ART LECTURE

Chairperson:

Konstantinos Vemmos

(Athens, Greece)

Endovascular thrombectomy in acute ischemic stroke

Panagiotis Papanagiotou

(Bremen, Germany)

Olympia Hall

**18:00-19:30 ROUND TABLE
Autoinflammatory syndromes**

Chairpersons:

Konstantinos Ritis

(Alexandroupolis, Greece)

Nikolaos K. Gatselis

(Larissa, Greece)

The role of IL-1 β in autoinflammation

Ioannis Mitroulis

(Dresden, Germany)

Stress-induced inflammation:

Lessons from Familial

Mediterranean Fever

Panagiotis Skendros

(Alexandroupolis, Greece)

Inflammasomes activation in the pathogenesis of Ankylosing

Spondylitis

Francesco Ciccia *(Palermo, Italy)*

Διαχρονικές

Θεραπευτικές

Λύσεις Αξίας

APROVEL™

irbesartan

Tablets

75mg • 150mg • 300mg

COAPROVEL™

irbesartan + HCTZ

Tablets

150/12.5mg • 300/12,5mg

F.C. Tablets

• 300/25mg



SANOFI

Πριν τη συνταγογράφηση, συμβουλευτείτε τις Π.Χ.Π.
που είναι αναρτημένες στο www.sanofi.gr.

Sanofi-aventis A.E.B.E. Αθήνα: Λεωφ. Συγγρού 348, Κτίριο Α', 176 74 Καλλιθέα.
Τηλ.: 210 90 01 600, Fax: 210 92 49 088, www.sanofi.gr