

# 10<sup>th</sup> International Congress **OF INTERNAL MEDICINE**

March  
22-24  
2018

Royal Olympic Hotel

Athens  
Greece

[www.internalmedicine-uth.gr](http://www.internalmedicine-uth.gr)

## Organizers:



**INSTITUTE OF INTERNAL MEDICINE & HEPATOLOGY**



**DEPARTMENT OF MEDICINE & RESEARCH LABORATORY  
OF INTERNAL MEDICINE, UNIVERSITY OF THESSALY  
MEDICAL SCHOOL, LARISSA, GREECE**  
Director: Professor G.N. Dalekos

## Endorsed by:



**FOUNDATION FOR THE DEVELOPMENT  
OF INTERNAL MEDICINE IN EUROPE**

## Participating scientific authorities:



**EUROPEAN SOCIETY  
FOR SWALLOWING DISORDERS**



**HELLENIC ASSOCIATION  
FOR THE STUDY OF DIABETIC FOOT**



**HELLENIC ASSOCIATION  
FOR THE STUDY OF THE LIVER**



**HELLENIC DIABETES ASSOCIATION  
HELLENIC SEPSIS STUDY GROUP**



**HELLENIC SOCIETY OF INTERNAL MEDICINE**



**HELLENIC STROKE ORGANIZATION**

## Under the auspices of the:



**UNIVERSITY OF THESSALY MEDICAL SCHOOL,  
LARISSA, GREECE**

\*The Congress has been accredited with  
**24 Continuing Medical Education (CME) credits**  
by the Panhellenic Medical Association

## **PROGRAMME AT A GLANCE**





E.C. Sandset	C. Triantos	P.G. Vlachoyian- nopoulos
M. Schina	E.V. Tsianos	M. Voulgarelis
C. Schramm	E.A. Tsochatzis	H. Wedemeyer
D. Sereni	M. Tumbarello	F. Weidanz
P.P. Sfikakis	S. Unal	D. Werring
P. Skendros	P. Vardas	C. Yurdaydin
M. Speletas	D. Vassilopoulos	K. Zachou
K. Spengos	M. Vavouranakis	A. Zanchetti
A. Stefanos	K. Vemmos	
N. Tentolouris	D. Vergani	
M. Trauner	C.-D. Vizza	

### Endorsed by:



**FOUNDATION FOR THE DEVELOPMENT  
OF INTERNAL MEDICINE IN EUROPE**

### Participating scientific authorities:



**EUROPEAN SOCIETY FOR SWALLOWING  
DISORDERS**



**HELLENIC ASSOCIATION FOR THE STUDY  
OF DIABETIC FOOT**



**HELLENIC ASSOCIATION FOR THE STUDY  
OF THE LIVER**



**HELLENIC DIABETES ASSOCIATION**

**HELLENIC SEPSIS STUDY GROUP**



**HELLENIC SOCIETY OF INTERNAL  
MEDICINE**

 **HELLENIC STROKE ORGANIZATION**

### Under the auspices of:



**UNIVERSITY OF THESSALY MEDICAL  
SCHOOL, LARISSA, GREECE**

Olympia Hall

**09:00-10:30 ORAL PRESENTATIONS**  
**Cardiovascular Diseases**  
**OP01-OP09**

*Chairpersons:*  
**Konstantinos P. Makaritsis**  
*(Larissa, Greece)*  
**Vasileios Papavasileiou**  
*(Leeds, UK)*

Olympia Hall

**10:30-11:00 STATE-OF-THE-ART LECTURE**

*Chairperson:*  
**Nikolaos L. Katsilambros**  
*(Athens, Greece)*

Future innovations in  
 cardiovascular medicine  
**Panos Vardas**  
*(Heraklion, Greece)*

**11:00-11:30 e-Poster viewing/Coffee break**

Olympia Hall

**11:30-13:00 ROUND TABLE**  
**Interventional procedures in**  
**cardiovascular diseases**

*Chairpersons:*  
**Nikolaos L. Katsilambros**  
*(Athens, Greece)*  
**Athanasios Giannoukas**  
*(Larissa, Greece)*

Non-pharmacological  
 intervention in atrial fibrillation  
**Georgios Andrikopoulos**  
*(Athens, Greece)*

Management of asymptomatic carotid stenosis

**Richard Bulbulia** (*Oxford, UK*)

Transcatheter aortic valve replacement

**Manolis Vavouranakis** (*Athens, Greece*)

*Olympia Hall*

**13:00-14:00 SYMPOSIUM**  
 **$\beta$ -blockers as first-line treatment in arterial hypertension**

*Chairperson:*

**Alberto Zanchetti**  
 (*Milan, Italy*)

Pros

**Alberto Zanchetti** (*Milan, Italy*)

Cons

**Michel Burnier**  
 (*Lausanne, Switzerland*)

*Olympia Hall*

**14:00-15:30 ORAL PRESENTATIONS**  
**Gastroenterology /Hepatology (A)**

**OP10-OP18**

*Chairpersons:*

**Melanie Deutsch**  
 (*Athens, Greece*)  
**Christos Triantos**  
 (*Patras, Greece*)

**15:30-16:00 e-Poster viewing/Leisure time**

Olympia Hall

16:00-17:30

**ROUND TABLE**

**Diabetic foot: Advances in everyday clinical practice**

*Hellenic Society of Internal Medicine  
Hellenic Diabetes Association  
Hellenic Association for the Study of the Diabetic Foot*

Chairpersons:

**George D. Dimitriadis**

*(Athens, Greece)*

**Nikolaos Tentolouris**

*(Athens, Greece)*

Overview of the diabetic foot-successes and unmet needs

**Andrew Boulton**

*(Manchester, UK)*

Charcot neuro-osteo-arthropathy-update in diagnosis and management

**Edward Jude** *(Lancashire, UK)*

Diagnosis and management of diabetic foot infections

**Mina Psychogiou**

*(Athens, Greece)*

Olympia Hall

17:30-18:00

**SATELLITE LECTURE**

abbvie

*Olympia Hall*

**18:00-19:30**    **ROUND TABLE**  
**Intracranial haemorrhage and cerebral microbleeds**  
*Hellenic Stroke Organization*

*Chairpersons:*

**David Werring** (*London, UK*)

**George Ntaios** (*Larissa, Greece*)

Early blood pressure lowering in acute intracerebral haemorrhage: How low?

**Else Sandset Charlotte**  
(*Oslo, Norway*)

Acute management in antithrombotic-related intracerebral haemorrhage

**Stefan Engelter**  
(*Basel, Switzerland*)

Restart or Stop antithrombotics after intracerebral haemorrhage?

**Rustam Al-Shahi Salman**  
(*Edinburgh, UK*)

Cerebral microbleeds: Current knowledge and implications for clinical practice

**David Werring** (*London, UK*)

**19:30-19:45**    **Break**

*Olympia Hall*

**19:45-21:00**    **OPENING CEREMONY**

**Welcome**

*Foyer of Olympia Hall*

**21:00**    **WELCOME RECEPTION**

PARALLEL SESSION

*Olympia Hall*

**08.30-10.00 ORAL PRESENTATIONS**  
**Gastroenterology**  
**/Hepatology (B)**  
**OP19-OP27**

*Chairpersons:*  
**Stylios Karatapanis**  
*(Rhodes, Greece)*  
**Maria Schina** *(Athens, Greece)*

PARALLEL SESSION

*Attica Hall*

**08.30-10.00 ORAL PRESENTATIONS**  
**Internal Medicine**  
**/Miscellaneous**  
**OP28-OP36**

*Chairpersons:*  
**Alexandra Alexopoulou**  
*(Athens, Greece)*  
**Alberto M. Marra**  
*(Naples, Italy)*

*Olympia Hall*

**10:00-11:30 ROUND TABLE**  
**Hypertriglyceridemia:**  
**A true risk factor or**  
**innocent bystander?**

*Chairperson:*  
**Genovefa Kolovou**  
*(Athens, Greece)*

Hypertriglyceridaemia,  
 atherosclerosis cardiovascular  
 disease and pharmacological  
 management  
**Pablo Perez-Martinez**  
*(Cordoba, Spain)*



Novel aspects of diet  
modulating postprandial  
lipaemia in cardiometabolic  
diseases

**Jose Lopez-Miranda**

*(Cordoba, Spain)*

Consensus and guidelines  
concerning fasting/non-  
fasting triglycerides

**Dimitri Mikhailidis**

*(London, UK)*

*Attica Hall*

10:00-11:30

**ROUND TABLE**

**Dysphagia disorders in  
clinical practice**

*European Society  
for Swallowing Disorders*

Chairpersons:

**Pere Clave** *(Mataró, Spain)*

**Emilia Michou**

*(Manchester, UK)*

Dysphagia: Incidence and  
characteristics

**Emilia Michou**

*(Manchester, UK)*

Aging and dysphagia  
(presbyphagia)

**Pere Clave** *(Mataró, Spain)*

Dysphagia in stroke &  
neurostimulation

**Shaheen Hamdy**

*(Manchester, UK)*

11:30-12:00 e-Poster viewing/Coffee Break

Friday, March 23, 2018

PARALLEL SESSION

*Olympia Hall*

**12:00-13:30 ROUND TABLE**  
**Sepsis in 2018**  
*Hellenic Sepsis Study Group*

Chairpersons:  
**Charalambos Gogos**  
*(Patras, Greece)*  
**Evangelos J. Giamarellos-Bourboulis**  
*(Athens, Greece)*

Does immunosuppression in sepsis really exist?

**Jean-Marc Cavailon**  
*(Paris, France)*

Macrophage activation and sepsis

**Mihai Netea**  
*(Nijmegen, The Netherlands)*

Current guidelines for sepsis management

**Evangelos J. Giamarellos-Bourboulis** *(Athens, Greece)*

*Attica Hall*

**12:00-13:30 ROUND TABLE**  
**Medication adherence**

Chairpersons:  
**Periklis Giovas**  
*(Zug, Switzerland)*  
**Elisio Costa** *(Porto, Portugal)*

Medication adherence: The magnitude of the problem

**Elisio Costa** *(Porto, Portugal)*

Interventions to improve medication adherence

**Przemyslaw Kardas**

*(Lodz, Poland)*

Educational tools to improve medication adherence

**Periklis Giovas**

*(Zug, Switzerland)*

*Olympia Hall*

**13:30-14:30 SATELLITE LECTURES**



**14:30-15:30 e-Poster viewing/Leisure time**

*Olympia Hall*

**15:30-16:30 SYMPOSIUM  
Combination treatment in the era of MDR bacteria infections**

*Chairpersons:*

**Francesco Menichetti** *(Pisa, Italy)*

**George L. Daikos** *(Athens, Greece)*

Due to Gram negative bacteria

**Mario Tumbarello** *(Rome, Italy)*

Due to MRSA

**Francesco Menichetti** *(Pisa, Italy)*

*Olympia Hall*

**16:30-17:00 STATE-OF-THE-ART LECTURE**

*Chairperson:*

**Eirini I. Rigopoulou**

*(Larissa, Greece)*

IgG4 related disease: An underrecognized entity

**Michael Trauner** *(Vienna, Austria)*

Olympia Hall

17:00-18:00 SATELLITE SYMPOSIUM



18:00-18:15 e-Poster viewing/Coffee Break

Olympia Hall

18:15-19:45 **ROUND TABLE**  
Internal Medicine in the core  
of medical specialties

*Chairperson:*

**Luis Campos** (Lisbon, Portugal)

European education centre for  
Internal Medicine

**Rijk Gans**

(Groningen, The Netherlands)

Young internists subcommittee  
actions

**Frauke Weidanz** (Edinburgh, UK)

Gender differences in medicine

**Alberto M. Marra**

(Heidelberg, Germany)

Olympia Hall

19:45-20:15 **STATE-OF-THE-ART LECTURE**

*Chairperson:*

**George N. Dalekos**

(Larissa, Greece)

Quality of care and professional  
issues

**Luis Campos** (Lisbon, Portugal)

PARALLEL SESSION

Olympia Hall

**08.30-09.30 ORAL PRESENTATIONS**  
**Diabetes Mellitus**  
**OP37-OP42**

*Chairpersons:*  
**Eleni Boutati** (Athens, Greece)  
**Erifili Hatziagelaki**  
 (Athens, Greece)

Attica Hall

**08.30-09.30 ORAL PRESENTATIONS**  
**Infections / Immunology**  
**OP43-OP48**

*Chairpersons:*  
**Panagiotis Skendros**  
 (Alexandroupolis, Greece)  
**Garyfallia Poulakou**  
 (Athens, Greece)

PARALLEL SESSION

Olympia Hall

**09:30-11:00 ROUND TABLE**  
**Perspectives in viral hepatitis treatment**  
*Hellenic Association for the Study of the Liver*

*Chairperson:*  
**George V. Papatheodoridis**  
 (Athens, Greece)

Present and future treatment of chronic hepatitis B  
**Pietro Lampertico**  
 (Milan, Italy)

Optimal management of special groups of chronic HBV infection

**Spilios Manolakopoulos**  
(Athens, Greece)

Optimal current treatment of hepatitis C

**Christophe Hézode**  
(Paris, France)

*Attica Hall*

09:30-11:00

**ROUND TABLE**

**Lymphomas and myelodysplastic syndromes in autoimmune diseases**

*Chairperson:*

**Michael Voulgarelis**  
(Athens, Greece)

Autoimmune disorders: Risk factors for lymphomagenesis

**Michael Voulgarelis**  
(Athens, Greece)

Virus-driven autoimmunity and lymphoproliferation:

The example of HCV infection

**Salvatore De Vita**  
(Udine, Italy)

Myelodysplastic syndrome and autoimmune disorders: Cause or consequence?

**Stavroula Giannouli**  
(Athens, Greece)

Olympia Hall

**11:00-11:30 STATE-OF-THE-ART LECTURE**

*Chairperson:*

**Matthaios Speletas**

*(Larissa, Greece)*

Update on primary immunodeficiencies

**Vassilios Lougaris** *(Brescia, Italy)*

**11:30-12:00 e-Poster viewing/Coffee break**

Olympia Hall

**12:00-13:30 ROUND TABLE  
Unmet clinical needs in autoimmune liver diseases**

*Chairpersons:*

**George N. Dalekos**

*(Larissa, Greece)*

**Pietro Invernizzi** *(Milan, Italy)*

Autoimmune hepatitis

**Marco Lenzi** *(Bologna, Italy)*

Primary biliary cholangitis

**Pietro Invernizzi** *(Milan, Italy)*

Primary sclerosing cholangitis

**Christoph Schramm**

*(Hamburg, Germany)*

Pediatric autoimmune liver disease

**Giorgina Mieli-Vergani**

*(London, UK)*

Olympia Hall

**13:30-14:00 STATE-OF-THE-ART LECTURE**

*Chairperson:*

**Stylianos E. Orfanos**

*(Athens, Greece)*

Pulmonary hypertension: New aspects

**Carmine Dario Vizza**

*(Rome, Italy)*

Olympia Hall

**14:00-14:30 SATELLITE LECTURE**



**14:30-16:00 e-Poster viewing/Leisure time**

Olympia Hall

**16:00-17:30 ROUND TABLE  
Biologic agents in Internal  
Medicine**

*Chairperson:*

**Petros P. Sfikakis**

*(Athens, Greece)*

General principles and pathophysiological background for their implementation

**Petros P. Sfikakis**

*(Athens, Greece)*

Biologics in psoriasis

**Peter van de Kerkhof**

*(Nijmegen, The Netherlands)*

Biologics in IBD

**Peter Laszlo Lakatos**

*(Montreal, Canada)*

PARALLEL SESSION



Biologics in rheumatic diseases

**Dimitrios Vassilopoulos**  
(Athens, Greece)

*Attica Hall*

**16:00-17:30** **ROUND TABLE**  
**New perspectives in oncology**

Chairpersons:

**Athanasios Kotsakis**  
(Heraklion, Greece)

**Vasileios Georgoulas**  
(Athens, Greece)

Hereditary cancer: The role of genetic testing

**Emmanouel Saloustros**  
(Heraklion, Greece)

Biomarkers as a tool for personalized treatment:  
The paradigm of non-small cell lung cancer (NSCLC)

**Niki Karachaliou**  
(Barcelona, Spain)

Managing toxicities associated with immunotherapy for solid tumors

**Yannis Metaxas**  
(Chur, Switzerland)

*Olympia Hall*

**17:30-18:00 STATE-OF-THE-ART LECTURE**

*Chairperson:*

**Konstantinos Vemmos**

*(Athens, Greece)*

Endovascular thrombectomy in acute ischemic stroke

**Panagiotis Papanagiotou**

*(Bremen, Germany)*

*Olympia Hall*

**18:00-19:30 ROUND TABLE  
Autoinflammatory syndromes**

*Chairpersons:*

**Konstantinos Ritis**

*(Alexandroupolis, Greece)*

**Nikolaos K. Gatselis**

*(Larissa, Greece)*

The role of IL-1 $\beta$  in autoinflammation

**Ioannis Mitroulis**

*(Dresden, Germany)*

Stress-induced inflammation:

Lessons from Familial

Mediterranean Fever

**Panagiotis Skendros**

*(Alexandroupolis, Greece)*

Inflammasomes activation in the pathogenesis of Ankylosing

Spondylitis

**Francesco Ciccia** *(Palermo, Italy)*



Διαχρονικές

Θεραπευτικές

Λύσεις Αξίας

**APROVEL™**

irbesartan

Tablets

75mg • 150mg • 300mg

**COAPROVEL™**

irbesartan + HCTZ

Tablets

150/12.5mg • 300/12,5mg

F.C. Tablets

• 300/25mg



**SANOFI**

Πριν τη συνταγογράφηση, συμβουλευτείτε τις Π.Χ.Π.  
που είναι αναρτημένες στο [www.sanofi.gr](http://www.sanofi.gr).

**Sanofi-aventis A.E.B.E.** Αθήνα: Λεωφ. Συγγρού 348, Κτίριο Α', 176 74 Καλλιθέα.  
Τηλ.: 210 90 01 600, Fax: 210 92 49 088, [www.sanofi.gr](http://www.sanofi.gr)